

Beginning Hockey Development Camp
July 7 - 12, 2019

Sunday Schedule:

2:00pm - 3:30pm	Check in at the Ice Arena
4:00pm - 5:00pm	Team Building
5:00pm - 6:00pm	Activity
6:00pm - 6:30pm	Dinner
7:00pm - 7:45pm	Off Ice
8:30pm - 9:30pm	Ice Time

Monday - Wednesday

9:15am - 9:45am	Breakfast
10:00am-11:00am	Off Ice Training
11:00am - 12:00pm	Activity/Lecture
12:30pm - 1:30pm	Ice Time
1:45pm - 2:45pm	Lunch
2:45pm - 4:00pm	Activity
4:30pm - 5:30pm	Ice Time
5:30pm - 6:00pm	Dinner (F.E)
6:00pm - 8:00pm	Rec Center (T)
6:00pm - 8:00pm	Eastway (M, W)
8:40pm - 10:00pm	Ice Time

Thursday

8:30am - 9:00am	Breakfast
9:00am - 10:00am	Off Ice Training
10:00am - 11:00am	Activity/Lecture
11:30am - 12:30pm	Lunch
1:00pm - 2:30pm	Ice Time
3:00pm - 5:00pm	Rec Center
5:00pm - 5:45pm	Activity
6:00pm - 7:30pm	Ice Time
8:00pm - 9:00pm	Activity

Friday:

8:30am	Wake Up
9:00am - 9:30am	Breakfast
9:30am - 10:15am	Activity
10:50am - 11:50am	Game

Revised 11/1/2018